

Enrolments in advance are essential and will close
27.09.06 OR earlier if Workshops are full.
Book Early—Limited Places.

One enrolment form per person.
If more are needed please:

- Photocopy this flyer.
- Print further copy from website.
- Contact Jacqui for extra.

Please arrive 15 minutes before chosen workshop.

Bring Your Own Lunch, Snacks, Drinks,
Bottle of Water for Workshops,
Pen / Pencil / Notebook.

Wear comfortable clothing:
eg: Dance Tights, Harem Pants, Full Skirt.
Bring a Hip Scarf.

Please detach this part of the form and return with your
Payment to:

Jacqui Bainbridge,
Jacquirah Academy of Middle Eastern Dance
PO Box 880
ALSTONVILLE, NSW 2477.

OR

If paying by Direct Deposit
Return this Application with your
Surname as the Direct Deposit Reference.

See over for Bank Account Details



Jacquirah
Academy of
Middle Eastern
Dance

Welcome to the first in our series of
Dance & Music Workshops. We've kept fees
at a low introductory price so that everyone has the
opportunity to participate in this invaluable workshop
experience. In forthcoming workshops we'll be expanding
on the basics, offering many different dance styles and
topics, so we'll keep you posted of these
upcoming events !

If you're unable to attend the workshops this time you're
welcome to attend our Hafla (Belly Dance Party) in the
Evening. Great fun & lets you sample just what we do.

The Academy offers
Beginners Classes - Beyond Beginners Classes
Intermediate - Troupe Training - Private Tuition
Workshops - Concerts - Troupe Performances
Corporate Functions - Fund Raisers.
Our Classes are held on
Monday & Wednesday evenings at the
Alstonville Community Centre.

For further information phone Jacqui
6628 7150 or 0404 019 679
PO Box 880, ALSTONVILLE, 2477.

Email:
jacqui@jacquirah.com
Web Site:
www.jacquirah.com

Egyptian Dance & Drum

4 Workshops Plus Evening Belly Dance Party & Bazaar



Saturday 30 September, 2006
Alstonville Community Centre
Commercial Road, Alstonville.

Phone: 6628 7150 Mobile: 0404 019 679



Egyptian Dance with Lyndell

Enthusiastically involved in dance and creative expression for over 20 years, Lyndell is an accomplished teacher and performer in Middle Eastern Dance. She is totally captivated by, and committed to, this archetypal feminine dance form.

Formal dance technique training, movement studies & research, combined with ongoing training with national & international Master Teachers, has resulted in a solid bank of knowledge and skills brought to these workshops.

Wear Tights, Harem Pants or Full Skirt, a Hip Scarf & Bare Feet. Bring a Bottle of Water and Pen / Pencil / Notebook.

Drum Rhythms with Peter

Peter Davidian is an Armenian / Australian who grew up hearing tales and music from Armenia, Persia, India, The Spice Islands & Australia.



He is a talented & award winning recording artist, session musician and teacher. He has been a founding member of several World and Contemporary groups and has performed and studied in many overseas countries. Peter brings to these workshops a lifetime of musical experience.

<http://peterdavidian.tripod.com>

Bring your own drum, riq (tambourine) or zills (finger cymbals) to the workshop.

Workshop Timetable

Workshops Suitable for All Levels.

Registration
9.00 - 9.15

Punctual arrival to sign in and prepare.

Session One
9.15 - 10.45

Egyptian Saaidi Technique Workshop
This workshop will teach the foundation of the dance, working with basic core movements and steps. Includes a short intro and Warm Up.
Morning Break

10.45 - 11.00

Session Two
11.00 - 12.30

Egyptian Saaidi Choreography
Drawing from the core movements taught in Session One, a short Saaidi choreography will be taught, incorporating layers and variations. Includes a short intro and Cool Down.



12.30 - 1.15

Lunch - Dance Video's & Informal Discussion Forum
BYO Lunch, Snacks & Drinks.

Session Three
1.15 - 2.45

Drumming Basics & Egyptian Rhythms
Learn basic drum technique and several classic Egyptian Dance Rhythms. BYO drum, riq (tambourine) or zills (finger cymbals).
Afternoon Break

2.45 - 3.00

Session Four
3.00 - 4.30

Dance to Live Drum
Peter and Lyndell will work together to get you dancing, identifying rhythms and communicating with your drummer.



Evening
7.00 - 10.00

Hafla (Belly Dance Party)
Dress up Belly Dance style and experience this, our 3rd Belly Dance Hafla. Dancing, Performances, Mini Demo Class and an exciting Bellydance Bazaar completes the fun.

Enrolment Form

Schedule of Workshop Fees:

Single Workshop	\$25	Two Workshops	\$45
Three Workshops	\$65	Four Workshops	\$80

Halfa Entry \$10 **FREE** Halfa (Belly Dance Party)
Entry with Three or More Workshops.

NB: Enrolments close 27.09.06 OR when workshops are full. Book Early as places will be Limited.

Booking Form:

Please tick chosen workshops :

Session One	Egyptian Saaidi Technique	<input type="checkbox"/>	___
Session Two	Egyptian Saaidi Choreography	<input type="checkbox"/>	___
Session Three	Drumming Basics & Egyptian Rhythms	<input type="checkbox"/>	___
Session Four	Dance to Live Drum	<input type="checkbox"/>	___
Evening	Hafla - Belly Dance Party	<input type="checkbox"/>	___

Total Payment Herewith \$ _____

Payment herewith by: Cash Cheque Money Order
Please make cheques payable to Jacqui Bainbridge.

Direct Deposit : (**Please Reference your Surname on DD**)
BSB: 637-000 Acc No: 308983443 Acc Name: J. Bainbridge

Your Name: _____

Postal Address: _____

_____ PC _____

Phone: _____ Mobile No: _____

Email: _____

Date: _____ Sign: _____